

TIMETABLE B.A.M.S. FIRST PROFESSIONAL (OLD BATCH: 2022-23)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 – 10:30	KRIYA SHARIR K2	RACHANA SHA. R1	KRIYA SHARIR K1	KRIYA SHARIR K2	RACHANA SHA. R3	NLH Rachana
10:30 – 11:30	SAMHITA	SANSKRIT	RACHANA SHA. R1	RACHANA SHA. R2	KRIYA SHARIR K3	NLH Kriya
11:30 – 12:30	RACHANA SHA. R2	KRIYA SHARIR K3	SAMHITA	SANSKRIT	SAMHITA	NLH Samhita
12:30 – 1:30	LUNCH BREAK					
1:30 – 2:00	SHLOK	SHLOK	SHLOK	SHLOK	SHLOK	SHLOK
2:00 – 3:30	SAMHITA PRACTICAL	SAMHITA PRACTICAL	PRACTICAL K1 & R1	PRACTICAL K2 & R2	PRACTICAL K3 & R3	Departmental Activity Batch wise(Total 1:30 Hours) -
3:30 – 4:30	RACHANA SHA. R3	KRIYA SHARIR K1	SANSKRIT	SAMHITA	SANSKRIT	Mentorship Program

For Saturdays, students would be divided into batches for their departmental queries in rotation.

Batch A roll no 1 to 33
Batch B Roll No 34 to 66
Batch C Roll No 67 to 100

Batches	Timing	Department
Batch A	2:30 to 3:00	Kriya
Batch B	3:00 to 4:00	Rachana
Batch C	4:00 to 4:30	Samhita

TIMETABLE B.A.M.S. FIRST PROFESSIONAL (NEW BATCH: 2023-24)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 – 10:30	SANSKRIT	SAMHITA	SANSKRIT	RACHANA SHA. R1	KRIYA SHARIR K1	Departmental Activity Batch wise 9:30 to 11:00
10:30 – 12:00	PRACTICAL K1 & R1	PRACTICAL K2 & R2	PRACTICAL K3 & R3	SAMHITA PRACTICAL	SAMHITA PRACTICAL	Mentorship Program 11:00 to 12:00
12:00 – 12:30	SHLOK	SHLOK	SHLOK	SHLOK	SHLOK	SHLOK
12:30 – 1:30	LUNCH BREAK					
1:30 – 2:30	SAMHITA	SANSKRIT	SAMHITA	KRIYA SHARIR K3	RACHANA SHA. R2	NLH Samhita
2:30 – 3:30	RACHANA SHA. R1	KRIYA SHARIR K2	RACHANA SHA. R3	SANSKRIT	SAMHITA	NLH Rachana
3:30 – 4:30	KRIYA SHARIR K1	RACHANA SHA. R2	KRIYA SHARIR K3	RACHANA SHA. R3	KRIYA SHARIR K2	NLH Kriya

For Saturdays, students would be divided into batches for their departmental queries in rotation.

Batch A roll no 1 to 33
Batch B Roll No 34 to 66
Batch C Roll No 67 to 100

Batches	Timing	Department
Batch A	9:30 to 10:00	Kriya
Batch B	10:00 to 10:30	Rachana
Batch C	10:30 to 11:00	Samhita